

Adult Development – First Aid and CPR

Registration procedures for classes

Register by Phone: Call Tiffany Lemons at 317.924.6845 or Kathi Coutinho at 317.924.6818

Register by E-mail: Tiffany Lemons (tlemons@girlscoutsindiana.org) or Kathi Coutinho (kcoutinho@girlscoutsindiana.org)

Register by Mail: You can mail registration to:

Girl Scouts of Central Indiana
Attn: Volunteer Services
1800 North Meridian Street, Suite 300
Indianapolis, IN 46202

Register on-line by using E-Council: accessed through [Web site](#)

- On the left side of the page you will see “Adult learning dates”
- Click on “Sign up for Learning Dates”
- Step 1 Type: Adult Training as the registration type.
- Step 2 Calendar: This will take you to the calendar where you can scroll through the different months. If you double click on the adult learning session it will take you to the registration form.
- Step 3 Description and Registration Form: This screen will give the description of the session at the top and the bottom will be a fill-in form.

ARC First Aid with Adult and Child CPR – Classroom sessions

Who Should Attend: One registered adult per troop

Fee: \$20.00 per adult

Time: 6-8 hours

Description: This 8-hour American Red Cross course covers Adult CPR, Child CPR, and First Aid. Students are required to actively participate. We recommend wearing comfortable clothing that will allow kneeling and lying on the floor. Participants must pass a multiple-choice test and a skill test to receive certification. Special needs during classes can be met if we are notified before starting time. Indicate any special needs on registration form. If you have a medical condition that might prevent your taking part in the sessions, you should discuss it with your physician before enrollment. Participants need to bring a notebook, pencil, old towel to kneel upon, two roller bandages 40” x 3” and one triangle bandage approximately 50” x 40” x 40”. You may cut these from an old sheet. If it is an all day training, bring a sack lunch and beverage.

ARC First Aid with Adult and Child CPR – online blended learning session

Who Should Attend: One registered adult per troop

Fee: \$10.00 for First Aid, \$10.00 for CPR, or \$20.00 for both

Description: On-line opportunities offered by the American Red Cross allow you to learn First Aid and CPR through the internet. Each class takes approximately 2.5 hours to complete, and includes on-line testing, followed by an in-person skills test. The blended learning sessions cover the same information as the classroom sessions, and allow you to work at your own pace on your own schedule for the internet portion.