

Adult Development – Outdoor Skills

Registration procedures for classes

Register by Phone: Call Tiffany Lemons at 317.924.6845 or Kathi Coutinho at 317.924.6818

Register by E-mail: Tiffany Lemons (tlemons@girlscocutsindiana.org) or Kathi Coutinho (kcoutinho@girlscoutsindiana.org)

Register by Mail: You can mail registration to:

Girl Scouts of Central Indiana
Attn: Volunteer Services
1800 North Meridian Street, Suite 300
Indianapolis, IN 46202

Register on-line by using E-Council: accessed through [Web site](#)

- On the left side of the page you will see “Adult learning dates”
- Click on “Sign up for Learning Dates”
- Step 1 Type: Adult Training as the registration type.
- Step 2 Calendar: This will take you to the calendar where you can scroll through the different months. If you double click on the adult learning session it will take you to the registration form.
- Step 3 Description and Registration Form: This screen will give the description of the session at the top and the bottom will be a fill-in form.

Outdoor Fundamentals

Who Should Attend: Registered adults who want to plan a fun, successful outdoor experience with their girls.

Fee: None

Time: two hours

Description: Outdoor Fundamentals is a prerequisite for Camping Anywhere. It includes organizing a trip, preparing for a cook out, arranging a hike with girls, girl readiness, progression in the outdoors, girl/adult planning, first aid and emergency procedures, using Safety-Wise, forms, selection and reservation of outdoor sites, and care of facilities.

Camping Anywhere

Who Should Attend: Registered adults who want to plan an overnight outdoor experience with their girls, in cabins or in tents.

Fee: only for April 17 session (includes lunch) \$5

Time: 3-4 hours

Prerequisite: Outdoor Fundamentals.

Description: This session will help leaders prepare for an overnight experience in a cabin, building or tent. In addition to these skills, leaders will learn safe and appropriate fire building skills, discuss menus and food preparation, tie knots, and learn knife safety. You will need to bring a notebook, pen, Safety-Wise and a hat or bandana or firescarf. If available, bring a pocket knife, sit-upon, and the book Outdoor Education in Girl Scouting.

Ladies Survivor Challenge

Description: Are you a fan of CBS's Survivor Reality television show? Have you dreamed of being a contestant? If you answered yes, then this weekend session may be for you! Come and learn how to tie knots, build fires, use a compass, canoe and perfect your basic survivor skills. This weekend will not be like any other ladies night out – come and survive the experience! Participants need to bring clothing for weather conditions, belt, toiletries, bed roll and a dunk bag.

Location: Camp NaWaKwa

Date(s): Friday April 9, 2010 to Sunday April 11, 2010

Time(s): Fri, 6:30 p.m. – Sun, 10 a.m.

Fee: \$20.00 includes t-shirt, buff, meals

Min/Max: 10/20

Outdoor Overnight

Description: This session includes Outdoor Fundamentals, Camping Anywhere, and Basic Outdoor Cooking.

Location: Camp Tanglewood in Anderson IN

Date(s): Friday June 25, 2010 to Saturday June 26, 2010

Time(s): Fri 6:00 pm – Sat 1:00 pm

Fee: \$25.00 includes meals, drinks, and all materials

Min/Max: 10/20

Basic Outdoor Activities

Who Should Attend: adults looking to explore nature and do fun environmental activities.

Fee: None

Time: two hours

Description: These are simple activities that can be used in any setting – troop meeting, school, park, campout, backyard - with girls who have little or no experience. We include hikes, trails, nature games, and environmental activities. They can be steps along a Journey, elements of a Badge or Try-it, or just plain fun. You will need to bring a notebook, pen, Safety-Wise and a hat or bandana or firescarf.

Junior Jam Leader Prep

Who Should Attend: adults looking to explore nature and do fun environmental activities.

Fee: None

Time: two hours

Description: This session is specifically designed for the first-time attendee of Junior Jamboree. We will talk about the event, what hints will make the weekend easier and what preparation steps the troop can do ahead of time. We will NOT be doing Basic Outdoor Skills or any of the games or competitive activities. For the Gallahue session, we will walk through most of the camp; volunteers have benefited from seeing the actual sites, and familiarizing themselves with the (sometimes long) hike from one event spot to another. At the other locations, we will do our best with photographs.

Outdoor Cooking

Who Should Attend: Any adult interested in cooking outdoors for an outing or campout.

Fee: varies

Time: varies

Prerequisite: None, but Outdoor Fundamentals is recommended before you go on a campout.

Description: Bring a firescarf and your tastebuds to this one! Outdoor cooking isn't difficult, but it helps to have some practice. We'll practice safe firebuilding, and cook entrees, sides and snacks using several different techniques. Some of them will be classics like Dutch Ovens and pie-irons, and some may be creative, like muffins in orange cups. We'll have a chance to sample everything we cook, so please let us know of any dietary restrictions or allergies when you register.

Firebuilding

Who Should Attend: Any adult who hasn't taken this in outdoor cooking or Camping Anywhere.

Fee: free

Description: This is a stand-alone session. You will learn firebuilding if you take one of the Outdoor Cooking or Camping Anywhere sessions. But if you just want the short and simple build-a-fire, this is the session. Wear a hat or headscarf or firescarf, and comfortable clothes that can get a bit dirty. This is hands-on.